

## Table 105-04211

Self-rated mental health, by age group and sex, household population aged 12 and over, Canada, provinces, territories, health regions (June 2005 boundaries) and peer groups, every 2 years

## Survey or program details:

Canadian Community Health Survey - 3226

Geography<sup>2,3</sup>=Nunavut [62]

Age group	Sex	Self-rated mental health <sup>10</sup>	Characteristics 11,12,13,14	2005
		Total population for the variable self-rated mental health	Number of persons	14,948
		Total population for the variable self-rated mental health	Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	9,535
		very good or excellent sent-rated mental heatth	Percent	63.8
		Excellent self-rated mental health	Number of persons	4,782
		ZACCIONI CON TAICO MISTRAI NOCILI	Percent	32.0
	Dath assess	Very good self-rated mental health	Number of persons	4,753
	Both sexes	, 9	Percent	31.8
		Good self-rated mental health	Number of persons	4,271
			Percent	28.6
		Fair or poor self-rated mental health	Number of persons	873 <sup>E</sup>
		Tall of poor sen-rated mental health	Percent	5.8 <sup>E</sup>
		Colf noted months bookly not stated	Number of persons	269 <sup>E</sup>
		Self-rated mental health, not stated	Percent	1.8 <sup>E</sup>
			Number of persons	7,627
		Total population for the variable self-rated mental health	Percent	100.0
		Vows wood or excellent celf rated mental hoolth	Number of persons	4,878
	Males	Very good or excellent self-rated mental health	Percent	64.0
T. (1.1.40		Excellent self-rated mental health	Number of persons	2,366
Total, 12 years and over		Excellent Sen-rated mental health	Percent	31.0
		Very good self-rated mental health	Number of persons	2,513
		very good sen-rated mental nearth	Percent	32.9
		Good self-rated mental health	Number of persons	2,227 <sup>E</sup>
			Percent	29.2 <sup>E</sup>
		Fair or poor self-rated mental health	Number of persons	354 <sup>E</sup>
			Percent	4.6 <sup>E</sup>
		Self-rated mental health, not stated	Number of persons	168 <sup>E</sup>
			Percent	2.2 <sup>E</sup>
		Total population for the variable self-rated mental health	Number of persons	7,321
	Females		Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	4,657
			Percent	63.6
		Excellent self-rated mental health	Number of persons	2,417
			Percent	33.0
		Very good self-rated mental health	Number of persons	2,241
			Percent	30.6
		Good self-rated mental health	Number of persons	2,044

1			Percent	27.9
			Number of persons	519 <sup>E</sup>
		Fair or poor self-rated mental health	Percent	7.1 <sup>E</sup>
			Number of persons	F
		Self-rated mental health, not stated	Percent	F
			Number of persons	3,321
		Total population for the variable self-rated mental health	Percent	100.0
		Variation of a second land and a second an autob baselike	Number of persons	1,789
		Very good or excellent self-rated mental health	Percent	53.9
		Fixed last out wated manufal books	Number of persons	974
		Excellent self-rated mental health	Percent	29.3
			Number of persons	815 <sup>l</sup>
	Both sexes	Very good self-rated mental health	Percent	24.5 <sup>l</sup>
			Number of persons	1,316
		Good self-rated mental health	Percent	39.6
			Number of persons	- · · ·
		Fair or poor self-rated mental health	Percent	<b>-</b>
			Number of persons	F
		Self-rated mental health, not stated	Percent	
			Number of persons	1,683
		Total population for the variable self-rated mental health	Percent	100.0
			Number of persons	94
		Very good or excellent self-rated mental health	Percent	56.2
			Number of persons	521 <sup>l</sup>
		Excellent self-rated mental health	Percent	31.0 <sup>l</sup>
			Number of persons	424 <sup>E</sup>
12 to 19 years	Males	Very good self-rated mental health	· ·	_
			Percent	25.2 <sup>E</sup>
		Good self-rated mental health	Number of persons	673 <sup>E</sup>
			Percent	40.0 <sup>E</sup>
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	
			Percent	
		Total population for the variable self-rated mental health	Number of persons	1,638
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	843
			Percent	51.5
		Excellent self-rated mental health	Number of persons	453 <sup>l</sup>
			Percent	27.7 <sup>l</sup>
	Females	Very good self-rated mental health	Number of persons	390
	l'emaies	very good sen-rated mental health	Percent	23.8
		Good self-rated mental health	Number of persons	642 <sup>l</sup>
			Percent	39.2 <sup>l</sup>
		F	Number of persons	_ F
		Fair or poor self-rated mental health	Percent	F
		Colf and administration of the cold and the	Number of persons	F
		Self-rated mental health, not stated	Percent	_ 
		Total manufaction for the control of	Number of persons	5,278
		Total population for the variable self-rated mental health	Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	3,500
		1017 8000 of excentation fraction incuttor		

Excellent self-rated mental health
Percent
Both sexes
Both sexes   Good self-rated mental health
Good self-rated mental health
Percent   Number of persons   Perc
Fair or poor self-rated mental health, not stated  Self-rated mental health, not stated  Total population for the variable self-rated mental health  Very good or excellent self-rated mental health  Excellent self-rated mental health  Percent  Number of persons
Self-rated mental health, not stated  Self-rated mental health, not stated  Percent  Number of persons Percent  Number of persons Percent  Number of persons Percent  Very good or excellent self-rated mental health  Excellent self-rated mental health  Percent  Number of persons
Percent
Total population for the variable self-rated mental health    Very good or excellent self-rated mental health   Percent
Total population for the variable self-rated mental health  Very good or excellent self-rated mental health  Excellent self-rated mental health  Excellent self-rated mental health  Percent  Number of persons Percent  Very good or excellent self-rated mental health  Excellent self-rated mental health  Fernales  Very good self-rated mental health  Fercent  Number of persons Percent
Very good or excellent self-rated mental health    Very good or excellent self-rated mental health   Number of persons
Number of persons
Excellent self-rated mental health
Excellent self-rated mental health
Males  Very good self-rated mental health  Percent  Number of persons Percent  Number of persons Percent  Number of persons Percent  Percent  Number of persons Percent  Very good or excellent self-rated mental health  Excellent self-rated mental health  Percent  Number of persons Percent
Very good self-rated mental health    Percent
20 to 34 years  Good self-rated mental health  Fair or poor self-rated mental health  Fair or poor self-rated mental health  Self-rated mental health, not stated  Total population for the variable self-rated mental health  Very good or excellent self-rated mental health  Excellent self-rated mental health  Females  Females  Females  Percent  Number of persons  Percent
Good self-rated mental health  Fair or poor self-rated mental health  Fair or poor self-rated mental health  Self-rated mental health, not stated  Total population for the variable self-rated mental health  Very good or excellent self-rated mental health  Excellent self-rated mental health  Females  Females  Very good self-rated mental health  Fercent  Oumber of persons  Percent  Number of persons  Percent
Percent
Fair or poor self-rated mental health  Self-rated mental health, not stated  Total population for the variable self-rated mental health  Very good or excellent self-rated mental health  Excellent self-rated mental health  Females  Very good self-rated mental health  Females  Females  Females  Females  Fair or poor self-rated mental health  Fair or poor self-rated mental health  Number of persons Percent
Fair or poor self-rated mental health  Self-rated mental health, not stated  Total population for the variable self-rated mental health  Very good or excellent self-rated mental health  Excellent self-rated mental health  Females  Very good self-rated mental health  Females  Very good self-rated mental health  Females  Female
Percent   Number of persons   Percent
Total population for the variable self-rated mental health  Very good or excellent self-rated mental health  Excellent self-rated mental health  Females  Very good self-rated mental health  Very good self-rated mental health  Fercent  Number of persons  Percent
Total population for the variable self-rated mental health  Very good or excellent self-rated mental health  Excellent self-rated mental health  Excellent self-rated mental health  Females  Very good self-rated mental health  Very good self-rated mental health  Good self-rated mental health  Fair or poor self-rated mental health  Fair or poor self-rated mental health  Percent  Number of persons  Percent  Number of persons  Percent  Number of persons  Percent  Number of persons  Percent
Very good or excellent self-rated mental health  Excellent self-rated mental health  Excellent self-rated mental health  Percent  Number of persons  Percent
Females  Very good or excellent self-rated mental health  Excellent self-rated mental health  Percent  Number of persons  Percent  Number of persons  Percent  Output  Percent  Number of persons  Percent
Females  Excellent self-rated mental health  Percent  Very good self-rated mental health  Good self-rated mental health  Fair or poor self-rated mental health  Percent  Number of persons  Percent
Females    Excellent self-rated mental health   Percent
Females  Very good self-rated mental health  Good self-rated mental health  Good self-rated mental health  Fair or poor self-rated mental health  Percent  Number of persons  Percent  Number of persons  Percent  Number of persons  Percent
Very good self-rated mental health  Good self-rated mental health  Fair or poor self-rated mental health  Fair or poor self-rated mental health  Percent  Number of persons  Percent  Percent
Good self-rated mental health  Fair or poor self-rated mental health  Percent  Number of persons  Percent  Number of persons  Percent  Percent
Fair or poor self-rated mental health  Percent  Number of persons  Percent
Fair or poor self-rated mental health  Percent  Number of persons  Percent
Fair or poor self-rated mental health Percent
Percent
Number of persons
Self-rated mental health, not stated
Percent
Total population for the variable self-rated mental health
Percent
Very good or excellent self-rated mental health
Percent Number of percent
Excellent self-rated mental health  Percent
Both sexes Number of persons
Very good self-rated mental health  Percent
Number of persons
Good self-rated mental health  Percent
Fair or was self-rated mental health Number of persons
Fair or poor self-rated mental health

Self-rated mental health, not stated  Number of p Percent	ersons	
Self-rated mental health, not stated Percent	0.000	F
1 1 1		F
Number of p	ersons	1,433
Total population for the variable self-rated mental health Percent		100.0
Number of p	ersons	1,017
Very good or excellent self-rated mental health Percent		71.0
Number of p	ersons	408 <sup>E</sup>
Excellent self-rated mental health Percent		28.5 <sup>E</sup>
Number of p	orcone	609
Males Very good self-rated mental health Percent	CISOIIS	42.5
	oroono	
Good self-rated mental health	ersons	347 <sup>E</sup>
Percent		24.2 <sup>E</sup>
Fair or poor self-rated mental health	ersons	F
Percent		F
35 to 44 years Self-rated mental health, not stated	ersons	F
Percent		F
Total population for the variable self-rated mental health	ersons	1,467
Percent		100.0
Very good or excellent self-rated mental health	ersons	1,019
Percent		69.4
Excellent self-rated mental health  Number of p	ersons	558 <sup>E</sup>
Percent		38.1 <sup>E</sup>
Number of p	ersons	461 <sup>E</sup>
Females Very good self-rated mental health Percent		31.4 <sup>E</sup>
Good self-rated mental health	ersons	342 <sup>E</sup>
Percent		23.3 <sup>E</sup>
Fair or poor self-rated mental health	ersons	F
Percent		F
Self-rated mental health, not stated	ersons	F
Percent		F
Total population for the variable self-rated mental health	ersons	2,931
Percent		100.0
Very good or excellent self-rated mental health	ersons	2,022
Percent		69.0
Excellent self-rated mental health  Number of p	ersons	1,020
Percent Percent		34.8
Both sexes   Very good self-rated mental health   Number of p	ersons	1,001
Both sexes Very good self-rated mental health Percent		34.2
Number of p	ersons	744 <sup>E</sup>
Good self-rated mental health Percent		25.4 <sup>E</sup>
Number of p	ersons	F
Fair or poor self-rated mental health Percent		F
Number of p	ersons	F
Self-rated mental health, not stated  Percent		F
Number of p	ersons	1,466
Total population for the variable self-rated mental health		100.0
Number of p	ersons	876
Very good or excellent self-rated mental health  Percent	-	59.7
Number of n	ersons	420 <sup>E</sup>
Excellent self-rated mental health		1 720

Wery good self-rated mental health    Number of percent	rsons	28.7 <sup>E</sup> 455 <sup>E</sup> 31.1 <sup>E</sup> 473 <sup>E</sup> 32.3 <sup>E</sup> F F
Wales    Very good self-rated mental health	rsons	31.1 <sup>E</sup> 473 <sup>E</sup> 32.3 <sup>E</sup> F F
Males  Good self-rated mental health  Fair or poor self-rated mental health  Percent  Number of pe Percent  Number of pe Percent  Number of pe Percent  Number of pe Percent  Total population for the variable self-rated mental health	rsons	473 <sup>E</sup> 32.3 <sup>E</sup> F F
Males  Good self-rated mental health  Fair or poor self-rated mental health  Percent  Number of pe Percent  Self-rated mental health, not stated  Total population for the variable self-rated mental health  Number of pe	rsons	32.3 <sup>E</sup> F F
Fair or poor self-rated mental health  Fair or poor self-rated mental health  Self-rated mental health, not stated  Total population for the variable self-rated mental health  Number of pe Percent Number of pe	rsons	F F F
Fair or poor self-rated mental health  Percent  Self-rated mental health, not stated  Percent  Number of pe  Percent  Number of pe	rsons	F F
Self-rated mental health, not stated  Self-rated mental health, not stated  Percent  Percent  Number of pe  Total population for the variable self-rated mental health		F
Self-rated mental health, not stated  Percent  Total population for the variable self-rated mental health		
Total population for the variable self-rated mental health  Number of pe	rsons	F
I Total population for the variable self-rated mental health ————————————————————————————————————	rsons	
Total population for the variable self-rated mental health		1,465
Percent		100.0
45 to 64 years Number of pe	rsons	1,146
Very good or excellent self-rated mental health Percent		78.2
Number of pe	rsons	600 <sup>E</sup>
Excellent self-rated mental health Percent		40.9 <sup>E</sup>
Number of pe	rsons	546 <sup>E</sup>
Females Very good self-rated mental health Percent		37.3 <sup>E</sup>
Number of pe	rsons	271 <sup>E</sup>
Good self-rated mental health Percent		18.5 <sup>E</sup>
Number of pe	rsons	F
Fair or poor self-rated mental health  Percent	100110	F
Number of pe	rsons	F
Self-rated mental health, not stated  Percent		F
Number of pe	rsons	519
Total population for the variable self-rated mental health Percent		100.0
Number of pe	rsons	F
Very good or excellent self-rated mental health  Percent		F
Number of pe	rsons	F
Excellent self-rated mental health Percent		F
Number of pe	rsons	F
Both sexes Very good self-rated mental health  Percent		F
Number of pe	rsons	F
Good self-rated mental health  Percent		F
Number of pe	rsons	F
Fair or poor self-rated mental health  Percent		F
Number of pe	rsons	F
Self-rated mental health, not stated Percent		F
65 years and over Number of pe	rsons	315
Total population for the variable self-rated mental health Percent		100.0
Number of pe	rsons	F
Very good or excellent self-rated mental health Percent		F
Number of pe	rsons	F
Excellent self-rated mental health Percent		F
Number of pe	rsons	F
Males Very good self-rated mental health Percent		F
Good self-rated mental health	rsons	F
Good Self-rated mental health Percent		F
Number of pe	rsons	F
Fair or poor self-rated mental health Percent		F
Self-rated mental health, not stated	rsons	F
Percent		F

	Females	Total population for the variable self-rated mental health	Number of persons	204
			Percent	100.0
		Very good or excellent self-rated mental health	Number of persons	F
			Percent	F
		Excellent self-rated mental health	Number of persons	F
			Percent	F
		Very good self-rated mental health	Number of persons	F
			Percent	F
		Good self-rated mental health	Number of persons	F
			Percent	F
		Fair or poor self-rated mental health	Number of persons	F
			Percent	F
		Self-rated mental health, not stated	Number of persons	F
			Percent	F

## Symbol legend:

E Use with caution

F Too unreliable to be published

## Footnotes:

- 1. Source: Statistics Canada, Canadian Community Health Survey (CCHS 3.1), 2005.
- 2. Health regions are defined by the provincial ministries of health. These are legislated administrative areas in all provinces. The health regions presented in this table are based on boundaries and names in effect as of June 2005. For complete Canadian coverage, each of the northern territories also represents a health region.
- **3.** A "peer group" is a grouping of health regions that have similar social and economic characteristics. The nine peer groups are identified by the letters A through I, which are appended to the health region 4-digit code.
- **10.** Population aged 12 and over who rate their own mental health status as being excellent, very good, fair or poor. Self-reported mental health provides a general indication of the population suffering from some form of mental disorder, mental or emotional problems, or distress, not necessarily reflected in self-reported (physical) health.
- **11.** When comparing estimates, it is important to use confidence intervals to determine if differences between values are statistically significant. Confidence intervals describe sampling variability and give an indication of the precision of a given estimate.
- 12. Bootstrapping techniques were used to produce the coefficient of variation (CV) and 95% confidence intervals (CIs).
- 13. Data with a coefficient of variation (CV) from 16.6% to 33.3% are identified as follows: (E) use with caution.
- **14.** Data with a coefficient of variation (CV) greater than 33.3% were suppressed due to extreme sampling variability and are identified as follows: (F) too unreliable to be published.

**Source:** Statistics Canada. *Table 105-0421 - Self-rated mental health, by age group and sex, household population aged 12 and over, Canada, provinces, territories, health regions (June 2005 boundaries) and peer groups, every 2 years*, CANSIM (database).

 $\underline{http://cansim2.statcan.ca/cgi-win/cnsmcgi.exe?}$ 

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(accessed: October 8, 2008)

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Date modified: 2007-04-27